

"Mind and Soul is a terrific resource to help Christians and Churches support people who suffer from mental health issues. People are often stigmatised who suffer in this way, and I totally endorse their passionate desire to help people see that faith in Christ can help heal and strengthen people in their time of need"

Mark Russell
Chief Executive
Church Army

Where is Faith in Mental Health?

PREMIER MIND & SOUL CONFERENCE

In conjunction with: **The Heart of England
Christian Resources Exhibition**

Conference Overview

Premier Mind and Soul is a Christian Response to Mental Health. We aim to work at the interface of the Mental Health Services and the Christian Community; raising the awareness of the mental health needs of Christians to the Church and at the same time the spiritual needs of the individuals attending the Mental Health Services to the Mental Health Professionals.

This Conference is designed to give an understanding of some of the key subjects that impact the mental and emotional well-being of individuals, and an examination of how we can respond by recognising both the person's mental health and spiritual needs. Our speakers have a breadth of experience and represent the statutory, voluntary, Church and academic sectors. We have the privilege of partnering the Christian Resources Exhibition at Telford in organising this event; this is following two very successful years of Mind and Soul Zones at the Christian Resources Exhibition at Sandown Park in Surrey.

Date:

Friday 22nd Oct 2010

Location:

**The International Centre
Saint Quentin Gate, Telford
Shropshire TF3 4JH**



"A much needed conference tackling issues we so often sweep under the carpet."

Mark Rylands
Bishop of Shrewsbury

"Mind and Soul is impressive... it helps link Christians together - to pray and support each other as well as pointing them towards useful resources. It builds on many years of Christian experience. I'm sure it will become established as an essential resource for churches and church leaders as well as for the wider Christian community."

Dr Chris Williams
Past President of the British Association for
Behavioural and Cognitive Psychotherapies.



Speaker Biographies



Jonathan Clark has been an Approved Social Worker and Church Minister. He currently runs Premier Life, including the telephone and email support service - Premier Lifeline. He is a Director of Mind and Soul.



Revd Will Van Der Hart is Vicar of St Peter's Church, West Harrow. He has a passion to see people set free from emotional and mental health problems and churches that are equipped to do this. He is a Director of Mind and Soul.



Dr Rob Waller is a Consultant Psychiatrist working for NHS Lothian and is also trained in Cognitive Behavioural Therapy. He is excited about churches and the NHS working together in creative ways. He is a Director of Mind and Soul.



Dr Dawn Edge is a Research Fellow at the University of Manchester, Non-Executive Director of a Mental Health Trust and member of The New Testament Church of God. Dr Edge's research focuses on addressing inequalities in mental healthcare.



Louise Morse is Communications Manager with the Pilgrims' Friend Society, a Cognitive Behavioural Therapist and author of three books on dementia.



Catrina Crout is Programme Director of Mercy Ministries UK. A gifted leader and speaker, she is passionate about equipping others to walk in wholeness and freedom.



Hári Sewell is National Equality Lead, National Mental Health Development Unit. An independent consultant and former Executive Director of Health and Social Care in the NHS. Hári holds two honorary appointments as Senior Visiting Fellow.



Greta Randle is Chief Executive for the Association of Christian Counsellors. She is passionate about people receiving support from other Christians. Her background is nursing and social work.



Kate Middleton is a Psychologist working in a Hertfordshire Church, speaker and author. She was also Director of Anorexia & Bulimia Care until 2008. Her passion is applying psychology to real life, enabling people to reach their full potential.



Dr Chris Williams is Professor of Psychosocial Psychiatry at Glasgow University and leads/researches projects that provide written, computer and class based mental health interventions.



Steve Motyer is Theology & Counselling Course Leader and Lecturer in New Testament and Hermeneutics at London School of Theology. He combines being an Anglican 'Rev' with eldership at a local Free Evangelical Church.

Mind & Soul Conference - Telford

0915	Registration
1000	Welcome – Stephen Briars, CRE Message from Rob Waller
1010	Commendation – Bishop of Shrewsbury – Mark Rylands
1020	Keynote 1 - "If we claim to be without emotion..." – Kate Middleton
1100	Keynote 2 - 5 Things to do in a Pastoral Crisis – Will Van Der Hart
1140	Q&A
1150	Break – Move to Parallel Sessions
1200	Parallel Session 1 A. Spirituality and Mental Health – Hari Sewell B. Eating Disorders – Catrina Crout C. Christian Counselling – Steve Motyer
1250	Lunch – Bring a packed lunch or buy one on site
1350	Parallel Session 2 A. Self Harm – Jonathan Clark B. Dementia – Louise Morse C. Integrating Faith and Mental Healthcare – Dawn Edge
1440	Break – Return to Conference Hall
1450	Keynote 3 – Living Life to the Full With God – Chris Williams
1530	Q&A
1540	Keynote 4 – The Challenge of Forgiveness – Greta Randle
1630	Q&A
1640	Closing Remarks
1645	Christian Resources Exhibition – open until 1800
1800	Close

Who should attend?

Mental Health Professionals, Christian Ministers, Church Leaders, Pastoral Workers, Christian Counsellors, Mental Health Service Users and Carers, and those interested in Christianity and Mental Health.

What will I learn from the Event?

A choice of Parallel Sessions giving the opportunity to receive teaching and information on your key areas of interest.

Bookings

Four ways to obtain your Mind & Soul Conference ticket

- 1. IN ADVANCE ONLINE** visit www.creonline.co.uk/mindandsoul
- 2. IN ADVANCE BY POST** complete the booking form and send with payment (cheques should be made payable to Show Data Systems) by 20 October to: Christian Resources Exhibitions, FREEPOST RSGX-BUJS-XLES, Show Data Systems Ltd, Howbery Park, Wallingford, OX10 8FD
- 3. IN ADVANCE BY PHONE** call 0800 651 0014 (Mon-Fri 9am – 5.30pm)
Please note there will be a charge of £2.00 per transaction
- 4. ON THE DOOR** at the Conference.

Ticket Prices

IN ADVANCE: £20.00 including VAT per delegate
ON THE DOOR: £24.00 including VAT per delegate

Upon booking a ticket for the Mind & Soul Conference you will automatically be sent a complimentary badge for the Heart of England Christian Resources Exhibition (21 – 23 October) valid for all 3 days.

The Venue

The International Centre, Saint Quentin Gate, Telford, Shropshire TF3 4JH

PLEASE NOTE there is a parking charge of £4.00 per vehicle per day.

