## HOW MUCH?

### CHANGING HEARTS CONFERENCE

SATURDAY 15 MARCH 2014

Early Bird tickets are available at £24 each until 6th January 2014. After that tickets will cost £28 each. There are a limited number of concessionary tickets at £15 each. These are available on a first-come, first-served basis to full-time students and those in receipt of state benefits.

### MARRIAGE COUNSELLING TRAINING DAY FRIDAY 14 MARCH 2014

Tickets are £32 each, or £28 if booked together with the Changing Hearts conference. Places on the Marriage Counselling Training day are limited, so book early.

### INTRODUCTION TO BIBLICAL COUNSELLING FOR CHURCH LEADERS

MONDAY 17 MARCH 2014

Tickets are £10 each, or £16 including a sandwich lunch.

## HOW TO BOOK

There are three ways to book:

- Online www.thegoodbook.co.uk/ changinghearts
- Phone 0333 123 0880, 9am 5pm, Monday-Friday (local call rate)
- Company, Unit BI, Blenheim House, I Blenheim Road, Epsom, Surrey, KT19 9AP

Tickets are administered by The Good Book Company. There is a booking fee of £1.25 for online bookings, and £2.50 for telephone and postal bookings. This charge is per transaction, not per ticket. Payment can be made by credit card, debit card or cheque. Cheques should be made payable to "The Good Book Company Ltd" and include the postal booking fee.

## **VENUES & TIMINGS**

### CHANGING HEARTS CONFERENCE Central Hall Westminster, London SW1H 9NH SATURDAY 15 MARCH 2014, 10AM-4.30PM

Central Hall Westminster is situated on Storey's Gate, across the road from Westminster Abbey and the Houses of Parliament.

Nearest tube stations: Westminster. St James's Park and Victoria

### MARRIAGE COUNSELLING TRAINING DAY

St Paul's Robert Adam Street, London WIU 3HW FRIDAY 14 MARCH. 10.30AM-4PM

St Paul's Church is situated on Robert Adam Street, just north of Bond Street Station and between Marylebone High Street and Baker St.

Nearest tube stations: Bond Street and Baker Street

### INTRODUCTION TO BIBLICAL **COUNSELLING FOR CHURCH LEADERS** All Souls Langham Place, London WIB 3DA

MONDAY 17 MARCH. I JAM-3PM

All Souls Langham Place is situated just north of Oxford Circus, at the top of Regent Street. Nearest tube station: Oxford Circus

## FURTHER DETAILS

EMAIL info@biblicalcounselling.org.uk WEB www.biblicalcounselling.org.uk/conferences

## ABOUT BIBLICAL COUNSELLING UK

Biblical Counselling UK is a new initiative building on the first Changing Hearts conference in February 2013. The momentum from the conference has produced a growing fellowship of pastors, doctors, theologians, psychotherapists and "ordinary" Christians, all of whom are committed to biblical counselling's vision of Christ-centred change, enabled by the Spirit, through the ministry of the Word, in the local church.

Our vision is to serve the local church through:

- · Education in the principles and practices of biblical counselling
- Identifying and developing resources for both formal and informal biblical counselling
- Equipping Christians in personal ministry of the Word
- Supporting a network of individuals involved in a biblical counselling ministry
- · Connecting churches with trained biblical counsellors

We are delighted to have a strong working partnership with CCEF and look forward to working with them again at Changing Hearts 2014. We are also glad to be involved with CCEF in the provision of the new Biblical Counselling Certificate at Oak Hill Theological College.

## ABOUT CEF

Based in Philadelphia USA. CCEF has been providing a Christian counselling ministry for over 40 years. With a passion for personal change centred in the person of Christ, they constantly revisit the question, "How do the riches of the gospel impact our own lives and our efforts to help others?"

Convinced that the church is the primary context in which God works to transform his people, CCEF provides a mixture of counselling, training, publications and conferences to help the church be a transforming community. What holds these strands together is a passionate desire to see God's people experience Christ amid the challenges of daily life. As well as an accredited counselling programme (run in conjunction with Westminster Theological Seminary), CCEF also provide training through a distance learning programme. More details are on their website (www.ccef.org).



### BIBLICAL COUNSELLING UK IN PARTNERSHIP WITH @CEF

## +PLUS

training day

 Introduction to Biblical counselling for church leaders

# CHANGING HEARTS

applying the Bible to everyday relationships

SATURDAY 15 MARCH 2014 CENTRAL HALL WESTMINSTER

Consider my definition of biblical counseling: Biblical counseling is God-centered, Bible-saturated, emotionally in-touch use of language to help people become God-besotted, Christ-exalting, joyfully self-forgetting lovers of people."

**IOHN PIPER.** in "The Glory of God: The Goal of Biblical Counseling"

## RELATIONSHIPS THAT CHANGE

The conviction behind Changing Hearts 2014 is that life, like the Christian faith, happens in relationship:

- A God of eternal relationship who made us to relate to himself and to others.
- Human beings who refused relationship with God and ruined relationships with each other.
- A salvation where one relationship was broken so another could be restored the Son forsaken, his people redeemed.
- And, finally, relationships made new in the body of Christ – the church.

God works in and through relationships. But how well do we do them? How clearly do we understand them? How much do we dare to invest in them?

God calls us to speak the truth in love to one another. He tells us to honour one another, be devoted to one another, live in harmony and bear with one another; to accept, instruct, greet, encourage, forgive, admonish and love one another. He expects us to relate!

He works to mature us in and through

relationships. How well are we doing?

Changing Hearts 2014 will take a long, hard look at relationships to see how God uses them in his redemptive purposes. We plan to be practical - to work out not only how to be better agents of change in the lives of others but also how we can (and must) invite others to be agents of change in us.

We're delighted to welcome back David Powlison, new Executive Director of CCEF, joined this year by Winston Smith who specialises in counselling couples.

This year's programme has also grown to three events: a training day with Winston on helping married couples (limited number, first come, first served); the headline Changing Hearts event; and then an introductory conference specifically designed for those in church leadership.

We were thrilled that the enthusiasm generated by last year's conference led to the creation of an entirely new grouping: Biblical Counselling UK which is now working in partnership with CCEF to 'encourage Christcentred change, enabled by the Spirit, through the ministry of the Word, in the local church'.

Do join us at one (or all) of the events this year as we go on working out how God might use the biblical counselling movement in the UK for his glory.

### **Steve Midgley**

Chair. Biblical Counselling UK

**III** warmly support this second Changing Hearts conference. When faced with the intractable challenges of real people - ourselves and those for whom we care - we struggle to know how the gospel of Jesus addresses those problems. We sense that it ought to, but we don't know how. Last year's Changing Hearts conference whetted our appetites; the practical focus of this year's conference should be a real help in bridging this 'gospel gap'.'

## CHANGING HEARTS

applying the Bible to everyday relationships SATURDAY 15 MARCH 2014

Relationships are vitally important to all of us. Our relational God made us in his image to relate to him and each other in love. But our instinct for self-centredness pulls these relationships out of shape into something ugly and painful.

Our three speakers will show from the Bible how God uses our interactions with each other, in all their joyful successes and sorrowful failures, to keep us going and to help us grow in Christ.

Steve Midgley, chair of Biblical Counselling UK, will be joined by Winston Smith and David Powlison from CCEF. Combining years of expertise, biblical insight and practical case studies, this allday conference will help, equip and inspire any Christian to love others and to relate with fresh energy, hope and understanding.



### WHAT PEOPLE SAID ABOUT **CHANGING HEARTS 2013...**

**66** Renewed my passion for applying God's Word practically to everyday life."

ff Probably the most useful and accessible conference I've been to."

> **Wonderful to be at** such a Christ-centred and biblically-centred conference."

If The best I have listened to about Christians counselling Christians in all the years I have been a believer."





### MARRIAGE COUNSELLING TRAINING DAY

### FRIDAY 14 MARCH

Winston Smith from CCEF will lead this practical day conference for anyone who wants to be more useful to married people as they struggle to build their relationship. Since no marriage is perfect, and nearly all marriages go through times of difficulty, there is much to do in our churches and communities to help couples thrive while living out their commitment to one another. Winston (himself married) has lectured, counselled and written on marriage for many years and will aim to send us away with a better understanding and some practical ideas to help us apply the gospel, the ultimate marriage invitation, to the marriages we come alongside.

The day will suit those who are either already supporting married people or who want to start doing so, and will include an introduction to Biblical Counselling for those less familiar with it.

### INTRODUCTION TO BIBLICAL COUNSELLING FOR CHURCH LEADERS

### **MONDAY 17 MARCH**

Many in church leadership are finding that Biblical Counselling is grabbing the attention of people in their church, or in churches close by. This half-day conference with David Powlison, Executive Director of CCEF, will explain CCEF's approach and help us understand how biblical counselling can serve the local church and how those drawn to this area of personal ministry can be encouraged and developed within our congregations. There will be plenty of time to ask questions, share experience, explore reservations and press for answers in the main sessions and during the breaks. Lunch is bookable and refreshments on arrival are included. Suitable for anyone serving in a church leadership role.

## SPEAKERS



David Powlison worked for four years in psychiatric hospitals, during which time he came to faith in Christ. He teaches at CCEF and edits

The Journal of Biblical Counseling. He has been counselling for over 30 years and has written numerous articles on biblical counselling and the relationship between faith and psychology. His books include Speaking Truth in Love, Seeing with New Eyes, Power Encounters, and The Biblical Counseling Movement: History and Context.



Winston Smith is a counsellor and faculty member at CCEF. He has extensive experience as a marriage and family counsellor and teaches seminary students

how to counsel couples. He is the author of the book and study guide, Marriage Matters: Extraordinary Change Through Ordinary Moments.



Steve Midgley is chair of Biblical Counselling UK, which was established after last year's Changing Hearts conference. He previously worked as a

psychiatrist and is now senior minister at Christ Church, Cambridge. He teaches biblical counselling at Oak Hill Theological College where he is also involved as director of their new two-year Certificate course, run jointly with CCEF.