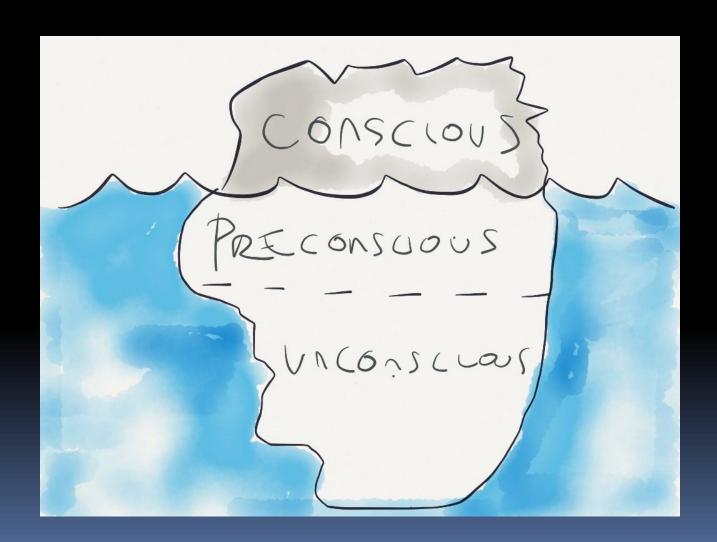


Mindandsoul.info

EMOTIONAL INTELLIGENCE

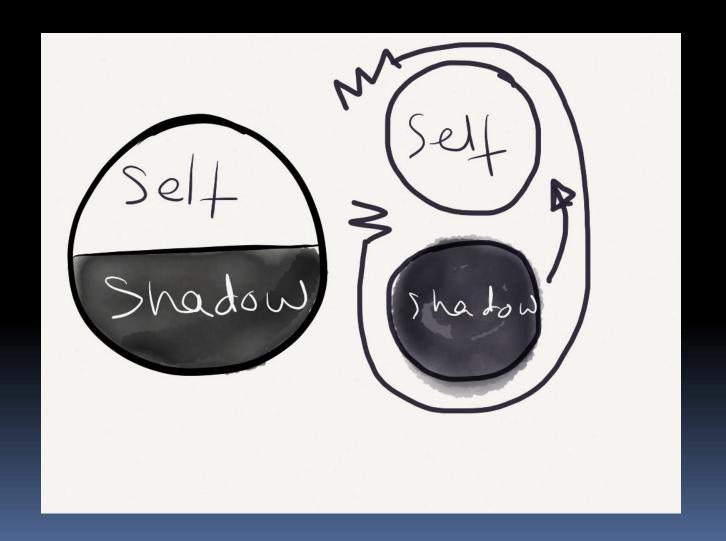
Freud's Iceberg



Romans 7:15

I do not understand what I do. For what I want to do I do not do, but what I hate I do.

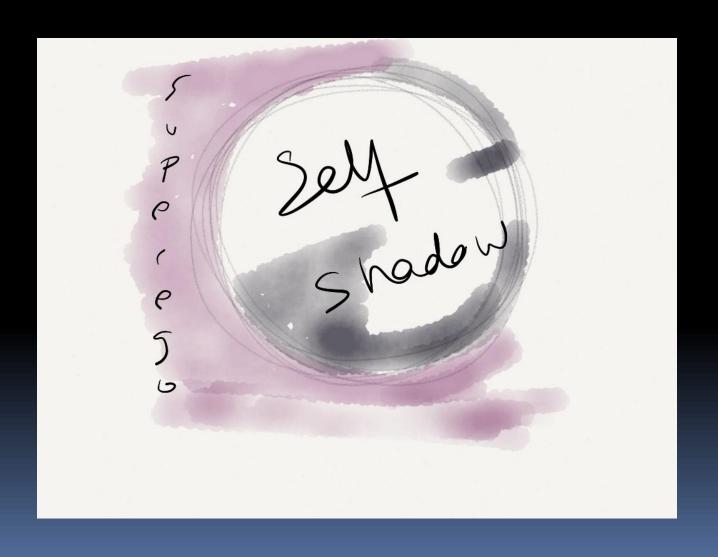
Jung's Shadow



Colossians 1: 20-22

Once you were alienated from God and were enemies in your minds because of[g] your evil behavior. But now he has reconciled you by Christ's physical body through death to present you holy in his sight, without blemish and free from accsation.

Integration



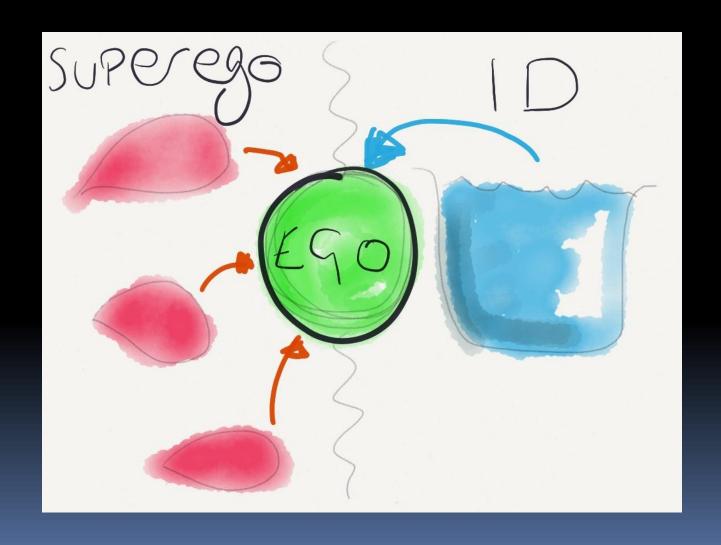
Circle of Full Emotion



John 11:35

Jesus wept.

Ego, Id, Superego



Meerkat Mind



Neurotransmission



Romans 12:2

Be transformed by the renewing of your mind. Then you will be able to test and approve what God's will is-his good, pleasing and perfect will.

Safety Behaviors



Mark 8:35

For whoever wants to save their life will lose it, but whoever loses their life for me and for the gospel will save it.

Thought Suppression



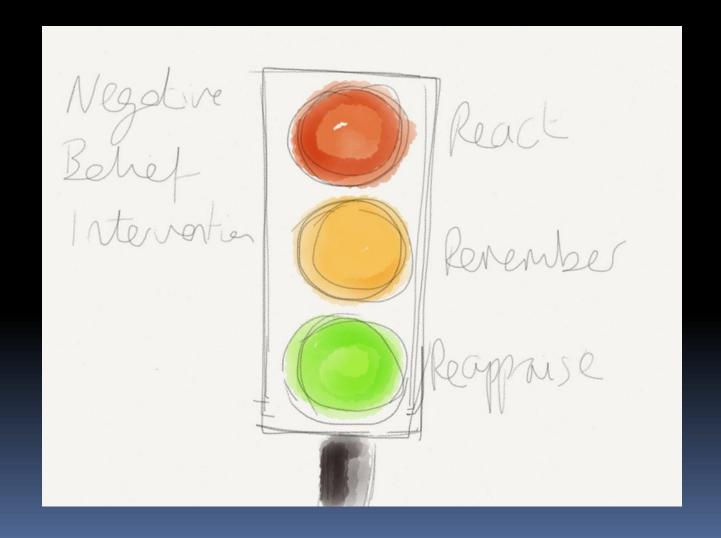
Negative Bias



Philippians 4:8

Finally, brothers and sisters, whatever is true, whatever is noble, whatever is right, whatever is pure, whatever is lovely, whatever is admirable--if anything is excellent or praiseworthy --think about such things.

New Appraisals



Bioenergetics

NIZARA
SUPU
Mero

Good Parent
Warior

Adventurer, Care, Processor



1 Peter 1:13

Therefore, with minds that are alert and fully sober, set your hope on the grace to be brought to you when Jesus Christ is revealed at his coming.